|                | Department Name<br>Address               | ALS                          | Paramedic |
|----------------|--|------------------------------|-----------|
|                |  | Revision #                   |           |
|                |  | Implementation<br>Date       |           |
| Protocol       | 2.1.33 Trauma Baseline Care<br>Standards | Last Reviewed/Update<br>Date |           |
| Author / Owner |  | Medical Director             |           |

The following actions will be taken on each ambulance trauma call. Once a specific patient condition is determined by the EMS provider, he or she will treat that condition according to specific protocols.

- 1. Scene Size-up
  - Review the dispatch information.
  - BSI PRN.
  - Make sure scene is safe.
  - Determine mechanism of injury.
  - Determine number and location of patients.
  - Request additional resources if needed.

## 2. Primary Assessment

- The primary care provider must conduct a primary assessment for each patient to determine any life-threatening injuries or conditions. Any life-threatening conditions must be addressed immediately per specific protocol. Call for trauma code as soon as possible PRN (see trauma transport scheme below).
- Airway, oxygen therapy, and breathing as per the Airway Management protocol. (Manually stabilize C-spine PRN).
- Treat any massive flail segment that causes respiratory compromise.
- Treat tension pneumothorax per protocol.
- Control hemorrhage.

## 3. Secondary Assessment

- A detailed secondary assessment must be performed after the primary assessment is complete and any life-threatening conditions are addressed.
- Apply C-Collar and fully immobilize the spine if:
  - Patient complains of head, neck, or back pain.
  - Patient exhibits any neuro deficits including decreased LOC.
  - Patient is intoxicated.
  - Patient has a distracting injury that may mask head, neck, or back pain.
  - Mechanism of Injury is substantial.
  - At the discretion of the primary care provider.

EMS PROTOCOLS 2.1.33 TRAUMA BASELINE CARE STANDARDS DATE APPROVED PAGE 2 of 3

- Establish an IV of Normal Saline. Use a large bore (18ga. or larger). If BP <90 mmHG, start a second IV Normal Saline. Infuse at a bolus rate; titrate to BP of 90 mmHg.
- Monitor ECG and O<sub>2</sub> saturations.
- Apply traction splint for femur fracture.
- Splint other extremity fractures in position of comfort. Consult with medical control if distal CMS deficits are noted.
- At least two sets of vital signs must be recorded or vital signs every 15 minutes. If the patient is unstable, vital signs must be recorded every 5 minutes. Vital signs include:
  - Mental Status (AVPU).
  - o Blood Pressure
  - o Pulse
  - o Respirations
  - o Circulation/Motor/Sensory (CMS) in all four extremities.
  - o Glasgow Coma Scale (GCS).
- Treat specific conditions according to protocol.
- If patient is unstable, call for helicopter transport if available.
- Transport and trauma team activation per decision scheme below:

# A patient with any one of the following criteria must be transported to a trauma designated hospital and a trauma code <u>must</u> be activated.

- All penetrating injuries to head, neck, torso, and extremities proximal to elbow and knee
- Flail Chest
- Combination trauma with burns
- Two or more long-bone fractures
- Amputation proximal to wrist and ankle
- Pelvic Fractures
- Open or depressed skull fractures
- Paralysis
- Major Burns

## A patient with any one or more of the following criteria must be transported to a trauma designated hospital and a trauma code <u>may</u> be activated at the discretion of the EMS provider.

- Ejection from an automobile
- Death in the same passenger compartment
- High speed auto crash, with initial speed > 40mph, major auto deformity >20 inches, and intrusion into passenger compartment > 12 inches
- Auto-pedestrian/auto-bicycle with significant impact (>5 mph)
- Pedestrian thrown or run over
- Motorcycle crash > 20mps or rider separated from bike
- Falls > 20 feet
- Rollover
- Extrication time > 20 minutes
- Age <5 or >55
- Cardiac Disease or Respiratory Disease
- Insulin-Dependant Diabetes, cirrhosis, or morbid obesity
- Pregnancy
- Immunosuppressed patients
- Patients with bleeding disorders or on anticoagulants.

#### Medical Director's Signature

#### Date

#### Disclaimer:

The protocols have been developed by the North Dakota Department of Health are meant to be used as general guidance for developing protocols for individual emergency medical services agencies. These sample protocols are not meant to be medical or legal advice; nor do they establish standards of care. Each emergency medical services agency must tailor protocols based on their specific needs or capabilities. Local medical directors must be consulted with and approve any protocol(s) prior to becoming operational in an emergency medical services agency. directors must be consulted with and approve any protocol(s) prior to becoming operational in an emergency medical services agency. The North Dakota Department of Health make no representation on the accuracy of information contained herein and accepts no liability for any loss or damage arising from any content error or omission.

