

	Department Name Address	ILS	EMT/Intermediate
		Revision #	
		Implementation Date	
Protocol	3.1.9 Chest Pain	Last Reviewed/Update Date	
Author / Owner		Medical Director	

Treatment goals of the patient exhibiting signs and symptoms of cardiac chest pain include: ensuring adequate oxygenation, relief of pain, rapid transport, and early notification of advanced life support.

1. Baseline care standards.
2. Administer oxygen 15L per minute via non-rebreather.
3. Minimize patient exertion and place in a position of comfort.
4. Obtain systolic / diastolic blood pressure readings in both arms and record.
5. If no specific contraindications, administer:
 - *Aspirin 162mg – 325mg PO.*
6. If chest discomfort is present and systolic blood pressure is >100, administer:
 - *Nitroglycerine 0.4 mg SL every 5 minutes up to three times.*
7. Rapid transport and early notification to appropriate facility.
8. Request ALS intercept.
9. If chest discomfort persists, contact medical control for additional doses of nitroglycerine.
10. While en route, establish IV of Normal Saline and run TKO.

Medical Director's Signature

Date

Disclaimer:

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