

	<b>Department Name Address</b>	<b>BLS</b>	<b>EMT</b>
		<b>Revision #</b>	
		<b>Implementation Date</b>	
<b>Protocol</b>	<b>4.1.20 Pre-Eclampsia and Eclampsia</b>	<b>Last Reviewed/Update Date</b>	
<b>Author / Owner</b>		<b>Medical Director</b>	

Pre-Eclampsia/Eclampsia (also called toxemia of pregnancy) is a serious hypertensive disorder. Signs include: dark colored urine, excessive weight gain, and hypertension. The presence of two of these signs indicates pre-eclampsia and all three indicate eclampsia. A seizing patient in the third trimester should be assumed to be eclamptic. Eclamptic seizures can occur up to 1 week post partum. The definitive treatment for eclampsia is delivery of the child, therefore, consideration of transfer directly to a level of care with obstetric services should be considered when practical.

1. Baseline care standards.
2. Administer oxygen 15L per minute via non-rebreather mask.
3. Manage airway per protocol.
4. Vital signs every 5 minutes, fetal heart tones, level of consciousness.
5. If patient is seizing, call for ALS intercept immediately.
6. Check blood glucose. If patient is conscious and able to maintain her airway and blood glucose is less than 60 mg/dl, administer:
  - *Oral glucose.*
7. Transport the patient in left lateral recumbent position.

---

*Medical Director's Signature*

---

*Date*

**Disclaimer:**

The protocols have been developed by the North Dakota Department of Health are meant to be used as general guidance for developing protocols for individual emergency medical services agencies. These sample protocols are not meant to be medical or legal advice; nor do they establish standards of care. Each emergency medical services agency must tailor protocols based on their specific needs or capabilities. Local medical directors must be consulted with and approve any protocol(s) prior to becoming operational in an emergency medical services agency. directors must be consulted with and approve any protocol(s) prior to becoming operational in an emergency medical services agency. The North Dakota Department of Health make no representation on the accuracy of information contained herein and accepts no liability for any loss or damage arising from any content error or omission.