

	Department Name Address	BLS	EMT
		Revision #	
		Implementation Date	
Protocol	4.1.11 Hypertensive Crisis - Adult	Last Reviewed/Update Date	
Author / Owner		Medical Director	

Treatment goals of the patient exhibiting signs and symptoms of hypertensive crisis include: rapid assessment, symptomatic treatment, and smooth transport with ongoing assessment of changes in patient condition and stability. Early notification to the receiving emergency department and medical control is important.

1. Baseline care standards.
2. Minimize patient exertion.
3. Position patient with head/torso elevated at all times.
4. Administer oxygen 15L per minute via non-rebreather mask.
5. Monitor pulse oximetry.
6. Verify accurate blood pressure values.
7. Rapid transport.
8. Request ALS intercept.
9. Contact medical control.

Medical Director's Signature

Date

Disclaimer:

The protocols have been developed by the North Dakota Department of Health are meant to be used as general guidance for developing protocols for individual emergency medical services agencies. These sample protocols are not meant to be medical or legal advice; nor do they establish standards of care. Each emergency medical services agency must tailor protocols based on their specific needs or capabilities. Local medical directors must be consulted with and approve any protocol(s) prior to becoming operational in an emergency medical services agency. directors must be consulted with and approve any protocol(s) prior to becoming operational in an emergency medical services agency. The North Dakota Department of Health make no representation on the accuracy of information contained herein and accepts no liability for any loss or damage arising from any content error or omission.